

The Twelve Steps of Cocaine Anonymous

1. We admitted we were powerless over cocaine and all other mind-altering substances—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

The Twelve Traditions of Cocaine Anonymous

1. Our common welfare should come first; personal recovery depends upon C.A. unity.
2. For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for C.A. membership is a desire to stop using cocaine and all other mind-altering substances.
4. Each group should be autonomous except in matters affecting other groups or C.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the addict who still suffers.
6. A C.A. group ought never endorse, finance, or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every C.A. group ought to be fully self-supporting, declining outside contributions.
8. Cocaine Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. C.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Cocaine Anonymous has no opinion on outside issues; hence, the C.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

What is Cocaine Anonymous?

“Cocaine Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem, and help others to recover from their addiction.”

The best way to reach someone is to speak to them on a common level. The members of C.A. are all recovering addicts who maintain their individual sobriety by working with others. We come from various social, ethnic, economic, and religious backgrounds, but what we have in common is addiction, and then recovery.

“The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances.”

PHONE NUMBERS

Name	Number

ONE DAY AT A TIME

Serenity Prayer
 God, Grant Us the Serenity
 to Accept the Things We Cannot Change,
 the Courage to Change the Things We Can,
 and Wisdom to Know the Difference.

Meeting Directory 2010 January, February, March



SAN FERNANDO VALLEY COCAINE ANONYMOUS

P. O. BOX 18156
 ENCINO, CA 91416-8156
(818) 760-8402
www.sfvca.org

A.S.C. meeting is held the 2nd Monday of the month
 7 pm Orientation, 7:30 pm Business Meeting
 6640 Van Nuys Blvd, Suite C, Van Nuys
 (enter in the rear)

H&I meeting is held the 1st Monday of the month
 7 pm Orientation, 7:30 pm Business Meeting
 4390 Colfax Ave, North Hollywood
 (in the church)

Hot Line Phone Numbers

Los Angeles	(310) 216-4444
San Gabriel	(626) 447-2887
Pomona Valley	(909) 620-4324
West Inland Empire	(909) 997-3310
Inland Empire	(951) 359-3895
Orange County	(949) 650-1011
San Diego	(866) 242-2248
Central California	(805) 969-5178
Long Beach/Compton	(310) 866-0464
C.A. World Services	(310) 559-5833

**THIS DIRECTORY IS NOT TO BE
USED AS A MAILING LIST OR**

SUNDAY**MALIBU**

BAGELS BY THE BEACH (SS) 10:30 am
 Malibu Canyon & PCH at Malibu Bluffs Park
 Michael Landon Recreation Center

NORTH HOLLYWOOD

WE BE CLEAN (P,NS,H) 7:30 pm
 6006 Laurel Canyon Blvd. @ Oxnard St.

SUN VALLEY

CANDLELIGHT 7:30 pm
 AT THE TWILIGHT ZONE (SP/P)
 8140 Sunland Blvd

TARZANA

THE BREAKFAST CLUB (SP,H) 9:30 am
 18646 Oxnard @ Reseda (treatment center cafeteria)

MONDAY**VAN NUYS**

A PLACE FOR US ALL (SP,P) 8:00 pm
 17251 Sherman Way @ Louise (church)

TUESDAY**PANORAMA CITY**

ESTUDIO DEL LIBRO GRANDE 8:00 pm
 Y DE LOS 12 Y 12 (SPAN, SS)
 8001 Ventura Canyon Ave.
 Kaiser Hosp. Bldg S-1, 2nd Fl., Room W

TARZANA

OLDTIMERS & NEWCOMERS (P) 7:00 pm
 19616 Ventura Blvd. (bowling alley, downstairs)

FROM THE NECK UP (SP,P) 7:30 pm
 5658 Tampa Ave. @ Sober Souls Sober Living

WEDNESDAY**STUDIO CITY**

LOVE & TOLERANCE (SP,P,NS) 8:00 pm
 4390 Colfax Ave @ Moorpark (church)

THURSDAY**BAKERSFIELD**

LOST & FOUND – (P) 7:00 pm
 1510 McCray St. & Norris Rd. @ Norris Rd.

NORTH HILLS

TRUDGIN' IN RECOVERY (SP/P) 7:00 pm
 15649 Chase St. (Sober Living)

VAN NUYS

GRATEFUL IN GRANADA 8:00 pm
 17251 Sherman Way @ Louise entrance (Church)

LA ELECCION Y EL CAMBIO(SPAN,SP,P) 7:15 pm
 6308 Woodman Ave., #209

WESTLAKE VILLAGE

THE C.A. MEETING (SP,P) 7:00pm
 2630 Townsgate Rd.

FRIDAY**BAKERSFIELD**

T.G.I.F. PARTICIPATION 7:00 pm
 5500 Olive Drive @ Olive Drive Church Bldg.#3

BURBANK

TURNING POINT 8:00 pm
 700 N. Glenoaks Blvd @ Church

CANOGA PARK

KINGPINS OF SOBRIETY - Candlelight 8:00 pm
 (P,H,NS) @ 7552 Remmet St. & Saticoy

FRIDAY (Con't)**NORTH HOLLYWOOD**

6006 Laurel Canyon Blvd @ Oxnard St.
 T.G.I.F. (NS,H) 12 NOON
 SISTERS IN SOBRIETY (WS,P,NS,H) 8:00 pm
 WE CAN RECOVER (SP/P) 10:30 pm

SATURDAY**NORTH HOLLYWOOD**

DESIGN FOR LIVING (BS,NS,H) 7:30 pm
 6006 Laurel Canyon Blvd. @ Oxnard

UPCOMING EVENTS:

“Dream for Tomorrow...Live for Today”
11th Annual Women’s Luncheon Fundraiser
Saturday, March 27th, 11AM to 4 PM
The Odyssey Restaurant
15600 Odyssey Dr., Granada Hills, CA
Tickets are: \$40 per sale, \$45 at the door.
Reserved Tables of 10 available
See Flyer or GSR at your meeting

MEETING KEY

BS	Book Study	MS	Men’s Stag
SS	Step Study	WS	Women’s Stag
P	Participation	LP	Leader
SP	Speaker	TD	Topic Disc.
CL	Candlelight	NS	Non-Smoking

H	Handicap	SPAN	Spanish
G&L	Gay & Lesbian	N	Newcomer

SFVCA Trusted Servants at:

www.sfvca.org

Visit our Spanish site:

<http://spanish.sfvca.org>

**Cocaine Anonymous is not affiliated with any Facility used to hold our Meetings and/or our events.*