

The Twelve Steps of Cocaine Anonymous

1. We admitted we were powerless over cocaine and all other mind-altering substances—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

The Twelve Traditions of Cocaine Anonymous

1. Our common welfare should come first; personal recovery depends upon C.A. unity.
2. For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for C.A. membership is a desire to stop using cocaine and all other mind-altering substances.
4. Each group should be autonomous except in matters affecting other groups or C.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the addict who still suffers.
6. A C.A. group ought never endorse, finance, or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every C.A. group ought to be fully self-supporting, declining outside contributions.
8. Cocaine Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. C.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Cocaine Anonymous has no opinion on outside issues; hence, the C.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

WHO IS A C.A. MEMBER?

While the name “Cocaine Anonymous” may sound drug-specific, we wish to assure you that our program is not. Many of our members did a lot of cocaine; others used only a little, and some never even tried coke. We have members who drank only on occasion, those who casually referred to themselves as drunks, and others who were full-blown alcoholics. Lots of us used a wide variety of mind-altering substances. Whether we focused on a specific substance or used whatever we could get our hands on, we had one thing in common: eventually we all reached a point where we could not stop.

According to C.A.’s Third Tradition, the only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. Whatever you may have been using, if it led you to this meeting, you’re probably in the right place. Over time, virtually every single one of us has realized that our real problem is not cocaine or any specific drug; it is the disease of addiction.

It can be tempting to focus on our differences rather than our similarities, but this can blind us to potential sources of support in our recovery. As we hear other members’ stories, the most important question to ask ourselves is not, “Would I have partied with these people?” but rather, “Do these people have a solution that can help me stay sober?” We encourage you to stick around and listen with an open mind.

With its all-inclusive Third Tradition and First Step, Cocaine Anonymous welcomes anyone with a drug or alcohol problem and offers a solution. C.A.’s Twelve Steps are not drug-specific, and Cocaine Anonymous is not a drug-specific Fellowship. It doesn’t matter to us if you drank or what type of drugs you used; if you have a desire to stop, you are welcome here!

Meeting Directory

January 2017 thru March 2017



SAN FERNANDO VALLEY COCAINE ANONYMOUS

P. O. BOX 18156 ENCINO, CA 91416-8156

24 Hour Hotline

(818) 760-8402

www.sfvca.org

Recovery in the Valley since 1986!
The Area Service Committee meets the 2nd
Monday of every month. 7:30 pm Business
Meeting and new GSR Orientation at 6425
Tyrone Ave. Van Nuys, CA 91401(at the church)

Hospitals & Institutions meets the 1st Monday
of the month. New Panel Speaker Orientation
at 7 pm. Business Meeting 7:30 at 6425
Tyrone Ave. Van Nuys, CA 91401(at the church)

Hotline Phone Numbers

CALA 24 Hours	(888) 714-8341
San Gabriel	(626) 447-2887
Pomona Valley	(909) 620-4324
West Inland Empire	(909) 997-3310
Inland Empire	(951) 359-3895
Orange County	(949) 650-1011
San Diego	(866) 242-2248
Central California	(805) 969-5178
Las Vegas	(702) 433-9073
C.A. World Service Office	(310) 559-5833

**This directory is not to be
used as a mailing list or for any form of
solicitation or commercial venture.**

SUNDAY

MALIBU

-BAGELS BY THE BEACH (SS) 10:30 am
(Temporary Location) 22669 Pacific Coast Highway
Parking available south of the building

NORTH HOLLYWOOD

-WE BE CLEAN (P,NS,H) 7:30 pm
6006 Laurel Canyon Blvd. @ Oxnard St.

TARZANA

-A SHOT IN THE DARK (SP,H) 8:00 pm
18646 Oxnard @ Reseda (treatment center cafeteria)

MONDAY

NORTHRIDGE

-A PLACE FOR US ALL (SP, P) 8:00 pm
9028 Balboa Blvd @ Nordhoff (coffee shop)

TUESDAY

TARZANA

-OLDTIMER / NECOMER (P) 7:00 pm
19616 Ventura Blvd. (bowling alley, upstairs)

-FROM THE NECK UP (SP, P) 7:30 pm
5658 Tampa Ave. @ Ventura (sober living)

SYLMAR

-OVER THE LINE (SP, P) 7:30 pm
13770 Sayre St. @ Foothill (sober living)

WEDNESDAY

STUDIO CITY

-LOVE AND TOLERANCE (SP, P, NS) 8:00 pm
4390 Colfax Ave. @ Moorpark (church)

THURSDAY

NEWBURY PARK

-THE C.A. MEETING (SP, P) 7:00 pm
Borchard Community Park
250 N Reino Rd

VAN NUYS

-GRATEFUL IN GRANADA (SP, P) 7:30 pm
6550 Odessa Ave (Van Nuys Golf Course)
If it rains the meeting will be dark

FRIDAY

BURBANK

-TURNING POINT (SP, P) 8:00 pm
700 N. Glenoaks Blvd. (church)

CANOGA PARK

-KINGPINS OF SOBRIETY(P, H, NS) 7:30 pm
19616 Ventura Blvd (Bowling alley downstairs.)

NORTH HOLLYWOOD

6006 Laurel Canyon Blvd. @ Oxnard St.
-SISTERS IN SOBRIETY (WS,P,NS, H) 8:00 pm
-WE CAN RECOVER (SP, P) 10:30 pm

SATURDAY

VAN NUYS

-THE LIGHT (SP,P,H) 6:00pm
17637 Vanowen St. @ White Oak (rear of TDH bldg.)

NORTH HOLLYWOOD

-SATURDAY NIGHT LIVE (S, P) 7:30 pm
6006 Laurel Canyon Blvd. @ Oxnard

ANNOUNCEMENTS:

- ❖ **ALL H&I & Area Meetings have changed locations:**
"The Purple Room"
6425 Tyrone Ave. Van Nuys, CA 91401
- ❖ **SATURDAY NIGHT MEETING!!!**
"THE LIGHT" 6-7pm
Needs Support!
- ❖ **Bring Your Sponsor to Brunch!**
June 10th @ Life House Church
Get Together & Be of Service

Cocaína Anónimos en español!



<http://spanish.sfvca.org>

**FOR MORE INFORMATION & SERVICE CONTACTS
GO TO
WWW.SFVCA.ORG**


We're Here and We're Free™

In the spirit of Tradition Six, C.A. is not allied with any sect, denomination, politics, organization or institution.

MEETING KEY

BS = Book Study WS = Women's Stag
SP = Speaker TD = Topic Discussion
CL = Candlelight NS = Non-Smoking
H = Handicap Access SPAN = Spanish
G&L = Gay & Lesbian N = Newcomer

7 Online C.A. Meetings!



www.ca-online.org
DOORS OPEN 24/7

REAL TIME speech & sound meetings! For info email jointhemeeting@gmail.com