# The Twelve Steps of Cocaine Anonymous

**1.** We admitted we were powerless over cocaine and all other mind-altering substances—that our lives had become unmanageable.

2. Came to believe that a Power greater than ourselves could restore us to sanity.

**3.** Made a decision to turn our will and our lives over to the care of God as we understood Him.

4. Made a searching and fearless moral inventory of ourselves.

5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

6. Were entirely ready to have God remove all these defects of character.

7. Humbly asked Him to remove our shortcomings.

8. Made a list of all persons we had harmed and became willing to make amends to them all.

9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

10. Continued to take personal inventory and when we were wrong promptly admitted it.

**11.** Sought through prayer and meditation to improve our conscious contact with God. as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

**12.** Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

# The Twelve Traditions of Cocaine Anonymous

1. Our common welfare should come first; personal recovery depends upon C.A. unity.

**2.** For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

3. The only requirement for C.A. membership is a desire to stop using cocaine and all other mindaltering substances.

4. Each group should be autonomous except in matters affecting other groups or C.A. as a whole.

5. Each group has but one primary purpose—to carry its message to the addict who still suffers.

6. A C.A. group ought never endorse, finance, or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

7. Every C.A. group ought to be fully self-supporting, declining outside contributions.

8. Cocaine Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

**9.** C.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

**10.** Cocaine Anonymous has no opinion on outside issues; hence, the C.A. name ought never be drawn into public controversy.

**11.** Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television, and films.

12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

# WHO IS A C.A. MEMBER?

While the name "Cocaine Anonymous" may sound drug-specific, we wish to assure you that our program is not. Many of our members did a lot of cocaine; others used only a little, and some never even tried coke. We have members who drank only on occasion, those who casually referred to themselves as drunks, and others who were fullblown alcoholics. Lots of us used a wide variety of mind-altering substances. Whether we focused on a specific substance or used whatever we could get our hands on, we had one thing in common: eventually we all reached a point where we could not stop.

According to C.A.'s Third Tradition, the only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. Whatever you may have been using, if it led you to this meeting, you're probably in the right place. Over time, virtually every single one of us has realized that our real problem is not cocaine or any specific drug; it is the disease of addiction.

It can be tempting to focus on our differences rather than our similarities, but this can blind us to potential sources of support in our recovery. As we hear other members' stories, the most important question to ask ourselves is not, "Would I have partied with these people?" but rather, "Do these people have a solution that can help me stay sober?" We encourage you to stick around and listen with an open mind.

With its all-inclusive Third Tradition and First Step, Cocaine Anonymous welcomes anyone with a drug or alcohol problem and offers a solution. C.A.'s Twelve Steps are not drug-specific, and Cocaine Anonymous is not a drug -specific Fellowship. It doesn't matter to us if you drank or what type of drugs you used; if you have a desire to stop, you are welcome here!

# Meeting Directory December 2023



# SAN FERNANDO VALLEY **COCAINE ANONYMOUS** P. O. BOX 18156 ENCINO, CA 91416-8156 24 Hour Hotline (833) 4HOPECA (833) 446-7322 (818) 760-8402 www.sfvca.org

Recovery in the Valley since 1986! The Area Service Committee meets the 2<sup>nd</sup> Monday of every month @7:30 pm. Business Meeting at 14646 Sherman Way, west of Van Nuys Blvd (Church) and via Zoom: ID: 839-3060-5063 PW:915337 Hospitals & Institutions meets the 1<sup>st</sup> Monday of the month @7:30 pm. Business Meeting at 14646 Sherman Way west of Van Nuys Blvd. (Church)

# **Hotline Phone Numbers**

Los Angeles	(888) 714-8341
San Gabriel	(626) 447-2887
West Inland Empire	(951) 790-2496
Inland Empire	(951) 359-3895
Orange County	(949) 650-1011
San Diego	(866) 242-2248
Central California	(805) 969-5178
C.A. World Service Office	(310) 559-5833

This directory is not to be used as a mailing list or for any form of solicitation or commercial venture.

## SUNDAY

10:00 am

7:00 pm

7:30 pm

7:00 pm

#### ZOOM ONLY

Bagels By The Beach	n Step Study (SS, Z)
ZOOM: 681 683 570	PW: bagels

#### SIMI VALLEY/ ZOOM

Sunday Funday (SP, CL, N, P, HB) ZOOM: 813 5633 1253 PW: 639653 3010 E Los Angeles Ave, Simi Valley, 93065

#### ZOOM ONLY

We Be Clean (Z) ZOOM: 790 2207 5985 PW: HOPE

## TUESDAY

#### ZOOM ONLY

Tarzana Babies:Hope, Faith, & Courage (P,Z) 4:00 pm ZOOM: 794 664 8108 PW: TTC

#### VAN NUYS

Old-Timer/Newcomer (SP, H, NPO, P) 7:00 pm TDH (Parking/Entrance behind Building) 17635 Vanowen (at White Oak)

#### ZOOM ONLY

Actual Application (BS, 12N12, Z) ZOOM: 857 3970 6498 PW: axiom

#### WEDNESDAY

VAN NUYS 8:00 pm Love And Tolerance (SP, P, NPO) Church 14646 Sherman Way, Van Nuys, CA 91405

## THURSDAY

#### VAN NUYS/ ZOOM

Grateful In Granada (SP, P, H, HB) 7:30 pm TDH (Parking/ Enter Behind Bldg.) 17635 Vanowen Lake Balboa, CA 91406 ZOOM: 881 3055 6998 PW: SFVCA

<u>NEWBURY PARK</u> The CA Meeting (NPO)	7:00 pm
250 N. Reino Rd. Newbury Park, 91320 The Community Center	
VAN NUYS Renegades In Recovery (SP. NS.NPO.P)	7:30 pm

FRIDAY

Treatment Center	
6627 Valjean Ave. Van Nuys, CA 91401	

ZOOM ONLY		0.00
Sisters In Sobriety (WS,	P)	8:00 pm
ZOOM: 890 8652 2339	PW: 617965	

NORTH HOLLYWOOD / ZOOM **Turning Point (HB)** Studio 12 6006 Laurel Canyon Blvd. North Hollywood, CA 91601 ZOOM: 891 1766 3390 PW: 401093

#### SATURDAY

8:00 pm

pm

ZOOM ONLY Tarzana Babies:Speaker Participation(Z) 10:30am ZOOM: 794 664 8108 PW: TTC

#### VAN NUYS

Hot Topics (SP, H, NPO, P)	5:30
TDH (Parking/ Enter Behind Bldg.)	
17635 Vanowen Lake Balboa, CA 91406	

NORTH HOLLYWOOD/ ZOOM 7:30 pm Saturday Night Light (HB) Studio 12 6006 Laurel Canyon Blvd. North Hollywood, CA 91601 ZOOM: 843 0751 0909 PW: 916809

CA AROUND THE UNITED STATES
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#### **CA AROUND THE WORLD**

Alabama 205-928-3558 Arizona 888-395-0133 Arkansas 501-301-4827 Delaware 610-876-6666 Florida CAFlorida.org Georgia 404-255-7787 Hawaii 808-276-6028 Idaho 208-352-2909 Illinois 312-834-3784 Indiana Indiana-CA.org lowa 319-512-9354 Kansas 316-302-9401 Kentucky 504-919-3073 Louisiana Louaca.org Maryland 202-368-0476 Massachusetts 617-807-0979 Michigan 810-235-2222 Missouri 833-662-6322 Nebraska 402-978-8881 Nevada 702-941-0950 New Jersey 732-930-1128 New Mexico 505-344-9828 New York 212-262-2463 North Carolina 980-297-1979 Ohio 330-375-0775 Virginia 202-368-0476 West Virginia 304-350-2381 Washington DC 202-368-0476 Washington 425-244-1150 Wisconsin 414-445-LIFE (5443)

#### MEETING KEY

<pre>SS = Step Study</pre>	
SP = Speaker	WS = Women's Stag
NS = Non-Smoking	<b>CL</b> = Candlelight
SPAN = Spanish	H = Handicap Access
<b>P</b> = Participation	N = Newcomer
HB= Hybrid	12n12= 12 Step Traditions
<b>NPO</b> = In Person Only <b>Z</b> = Zoom Only	

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Argentina Australia Barbados Canada Denmark **Dominican Republic** England France Germany Greece Hong Kong Iceland Indonesia Ireland Mexico Monaco Netherlands Norway Peru Portugal Russia Scotland Spain South Africa Sweden Suriname Switzerland Thailand Wales

FOR MORE INFORMATION CONTACT CA WORLD SERVICES OFFICE WWW.CA.ORG OR CALL 310-559-5833

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