### The Twelve Steps of Cocaine Anonymous

- **1.** We admitted we were powerless over cocaine and all other mind-altering substances—that our lives had become unmanageable.
- **2.** Came to believe that a Power greater than ourselves could restore us to sanity.
- **3.** Made a decision to turn our will and our lives over to the care of God as we understood Him.
- **4.** Made a searching and fearless moral inventory of ourselves.
- **5.** Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- **6.** Were entirely ready to have God remove all these defects of character.
- **7.** Humbly asked Him to remove our shortcomings.
- **8.** Made a list of all persons we had harmed and became willing to make amends to them all.
- **9.** Made direct amends to such people wherever possible, except when to do so would injure them or others.
- **10.** Continued to take personal inventory and when we were wrong promptly admitted it.
- **11.** Sought through prayer and meditation to improve our conscious contact with God. as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- **12.** Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

### **The Twelve Traditions of Cocaine Anonymous**

- **1.** Our common welfare should come first; personal recovery depends upon C.A. unity.
- **2.** For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
- **3.** The only requirement for C.A. membership is a desire to stop using cocaine and all other mindaltering substances.
- **4.** Each group should be autonomous except in matters affecting other groups or C.A. as a whole.
- **5.** Each group has but one primary purpose—to carry its message to the addict who still suffers.
- **6.** A C.A. group ought never endorse, finance, or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
- **7.** Every C.A. group ought to be fully self-supporting, declining outside contributions.
- **8.** Cocaine Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- **9.** C.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- **10.** Cocaine Anonymous has no opinion on outside issues; hence, the C.A. name ought never be drawn into public controversy.
- **11.** Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of all public media.
- **12.** Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

### WHO IS A C.A. MEMBER?

While the name "Cocaine Anonymous" may sound drug-specific, we wish to assure you that our program is not. Many of our members did a lot of cocaine; others used only a little, and some never even tried coke. We have members who drank only on occasion, those who casually referred to themselves as drunks, and others who were full-blown alcoholics. Lots of us used a wide variety of mind-altering substances. Whether we focused on a specific substance or used whatever we could get our hands on, we had one thing in common: eventually we all reached a point where we could not stop.

According to C.A.'s Third Tradition, the only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. Whatever you may have been using, if it led you to this meeting, you're probably in the right place. Over time, virtually every single one of us has realized that our real problem is not cocaine or any specific drug; it is the disease of addiction.

It can be tempting to focus on our differences rather than our similarities, but this can blind us to potential sources of support in our recovery. As we hear other members' stories, the most important question to ask ourselves is not, "Would I have partied with these people?" but rather, "Do these people have a solution that can help me stay sober?" We encourage you to stick around and listen with an open mind.

With its all-inclusive Third Tradition and First Step, Cocaine Anonymous welcomes anyone with a drug or alcohol problem and offers a solution.

C.A.'s Twelve Steps are not drug-specific, and Cocaine Anonymous is not a drug -specific Fellowship. It doesn't matter to us if you drank or what type of drugs you used; if you have a desire to stop, you are welcome here!

# Meeting Directory October 2024



## SAN FERNANDO VALLEY COCAINE ANONYMOUS

P. O. BOX 18156 ENCINO, CA 91416-8156 24 Hour Hotline

(833) 4HOPECA

(833) 446-7322

(818) 760-8402

www.sfvca.org

Recovery in the Valley since 1986!

The Area Service Committee meets the 2<sup>nd</sup> Monday of every month @7:30 pm. Business Meeting at 14646 Sherman Way, west of Van Nuys Blvd (Church) and via Zoom: ID: 839-3060-5063 PW:915337

Hospitals & Institutions meets the 1<sup>st</sup> Monday of the month @7:30 pm. Business Meeting at 14646 Sherman Way west of Van Nuys Blvd. (Church)

#### **Hotline Phone Numbers**

Los Angeles	(888) 714-8341
San Gabriel	(626) 447-2887
West Inland Empire	(951) 790-2496
Inland Empire	(951) 359-3895
Orange County	(949) 650-1011
San Diego	(866) 242-2248
Central California	(805) 969-5178
C.A. World Service Office	(310) 559-5833

This directory is not to be used as a mailing list or for any form of solicitation or commercial venture.

SUNDAY	FRIDAY		CA AROUND	CA AROUND THE UNITED STATES	
700M 0NIV					
ZOOM ONLY			Alabama	a 205-928-3558	
Bagels By The Beach Step Study (SS, Z) 10:00 am	NEWBURY PARK	7.00	Arizona 888-395-0133		
ZOOM: 681 683 570 PW: bagels	The CA Meeting (NPO)	7:00 pm	Arkansas 501-301-4827		
	250 N. Reino Rd. Newbury Park, 91320		Delaware 610-876-6666		
SIMI VALLEY/ ZOOM	The Community Center		Florida	Florida CAFlorida.org	
Sunday Funday (SP, CL, N, P, HB) 7:00 pm			Georgia 404-255-7787		
ZOOM: 813 5633 1253 PW: 639653	VAN NUYS	8:00 pm	Hawaii 808-276-6028		
3010 E Los Angeles Ave, Simi Valley, 93065	Renegades In Recovery (SP, NS,NPO,P)		Idaho 208-352-2909		
<u> </u>	Treatment Center		Illinois 312-834-3784		
ZOOM ONLY	6627 Valjean Ave. Van Nuys, CA 91401		Indiana Indiana-CA.org		
We Be Clean (Z) 7:30 pm	•		lowa 319-512-9354		
ZOOM: 790 2207 5985 PW: HOPE	ZOOM ONLY		Kansas 316-302-9401		
	Sisters In Sobriety (WS, P)	8:00 pm	Kentucky 504-919-3073		
	ZOOM: 890 8652 2339 PW: 617965		Louisiana Louaca.org		
			Maryland 202-368-0476		
<u>TUESDAY</u>	NORTH HOLLYWOOD / ZOOM	8:00 pm	•	etts 617-807-0979	
ZOOM ONLY	Turning Point (HB)		Michigan 810-235-2222		
Tarzana Babies:Hope, Faith, & Courage (P,Z) 4:00 pm	Studio 12		Missouri 833-662-6322 Nebraska 402-978-8881		
ZOOM: 794 664 8108 PW: TTC	6006 Laurel Canyon Blvd.				
	North Hollywood, CA 91601		Nevada 702-941-0950		
VAN NUYS	ZOOM: 891 1766 3390 PW: 401093		New Jersey 732-930-1128		
Old-Timer/Newcomer (SP, H, NPO, P) 7:00 pm		New Mexico 505-344-9828 New York 212-262-2463			
TDH (Parking/Entrance behind Building)	CATUDDAY				
17635 Vanowen (at White Oak)	<u>SATURDAY</u>		North Carolina 980-297-1979		
· · · ·			Ohio 330-375-0775 Virginia 202-368-0476  10:45am West Virginia 304-350-2381 Washington DC 202-368-0476		
ZOOM ONLY	ZOOM ONLY				
Actual Application (BS, 12N12, Z) 7:00 pm	Tarzana Babies:Speaker Participation(Z)	10:45am			
ZOOM: 857 3970 6498 PW: axiom	ZOOM: 794 664 8108 PW: TTC				
- V. axiom			Washington 425-244-1150		
MEDNICOAV	VANI NILIVE		Wisconsin 414-445-LIFE (5443)		
<u>WEDNESDAY</u>	<u>VAN NUYS</u> Hot Topics (SP, H, NPO, P)	5:30 pm	MEETING KEY		
VANI NILIVO	TDH (Parking/ Enter Behind Bldg.)	3.30 pm			
<u>VAN NUYS</u> Love And Tolerance (SP, P, NPO) 8:00 pm	17635 Vanowen Lake Balboa, CA 91406		SS = Step Study		
	17000 vallowell Lake Balboa, Cr. 31100		<b>SP</b> = Speaker	<b>WS</b> = Women's Stag	
Church	NORTH HOLLYWOOD / 70014		NS = Non-Smoking		
14646 Sherman Way, Van Nuys, CA 91405	NORTH HOLLYWOOD/ ZOOM	7:30 pm	SPAN = Spanish	H = Handicap Access	
	Saturday Night Light (HB)	p	P = Participation	N = Newcomer	
THURSDAY	Studio 12		<b>HB</b> = Hybrid	12n12= 12 Step Traditions	
	6006 Laurel Canyon Blvd. North Hollywood, CA 91601		•	•	
VAN NUYS/ ZOOM	ZOOM: 843 0751 0909 PW: 916809		NPO = In Person Only Z= Zoom Only  In the spirit of Tradition Six, C.A. is not allied with any sect, denomination, politics, organization or institution. As such of		
Grateful In Granada (SP, P, H, HB) 7:00 pm	2001(1. 043 0731 <u>0303</u> 1 W. 310803				
TDH (Parking/ Enter Behind Bldg.)			Cocaine Anonymous and Co	ocaine Anonymous as a whole does not	
4760514			enuorse ana is not affillate	d with or any of the companies and/or	

17635 Vanowen Lake Balboa, CA 91406

ZOOM: 881 3055 6998 PW: SFVCA

CA AROUND THE WORLD

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services are only provided as a convenience to our members."

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FOR MORE INFORMATION CONTACT CA WORLD SERVICES OFFICE WWW.CA.ORG OR CALL 310-559-5833

Thailand Wales

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